

CONVERTS  
CENTRAL



ROSES FOR THE SOUL



The Rose of  
Madinah

A BEGINNER'S GUIDE TO

# Night Worship



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# FOREWORD

Bismillahir Rahmanir Raheem  
(In the name of God, the Most Merciful, the Most Gracious)  
Alhamdulillah (All Praises Belong to God)

May Allah SWT bless our Master Muhammad and his family and Companions and grant them peace. Praise belongs to Allah, the One, the Almighty, the Ever-Forgiving and the Manager of Affairs. We praise Allah abundantly for all His blessings, and we ask Him for increase from His bounty and generosity. We affirm His oneness and bear witness that all creation must submit to His Lordship. We testify that Muhammad is His slave and the Messenger and His beloved, chosen from His creation.

We seek His guidance and forgiveness and protection from the whispers of the Devil and ourselves and wrong deeds. The guidance of God is the only guidance and we ask God the Generous for success by our good intention and for help in all manners of obedience, He who is capable of everything, no matter is too great or too difficult for Him.

We would like to take a short section to express our gratitude for the opportunity to create something that may benefit the people around us. This guide would not have been completed without the extensive help of various Converts Central team members whose involvements vastly extend beyond simply designing, writing, and managing. May Allah SWT shower the greatest of His generosity and pleasure on them and on the Converts Central Team.

We pray to Allah SWT that He accepts our humble effort and that we may find it on the scale of our good deeds on the Day of Resurrection. We beseech Allah SWT that He makes it a deed whose reward we would continue to receive after our deaths and that it would be a source of benefit for many.

It is now time to embark upon this task and we begin by invoking the name of Allah, Most Gracious, Most Merciful. In Him, we have placed our trust and we depend on Allah SWT for assistance and success.

Kaven Siddique Lim  
Director of Converts Central

# Night Worship

## Qiyamullail

### What is Qiyamullail?

The literal definition of Qiyamullail is standing during the night. It figuratively means to enliven the nights with any acts of worship such as the Sunnah prayers, recitation of the Quran or heartfelt invocations of Allah SWT.

### Virtues of Qiyamullail

وَمِنَ اللَّيْلِ فَتَهَجَّدْ بِهِ نَافِلَةً لَّكَ عَسَىٰ أَنْ يَبْعَثَكَ رَبُّكَ مَقَامًا مَّحْمُودًا

*"and during the night wake up and pray, as an extra offering of your own, so that your Lord may raise you to a (highly) praised status" (Surah Al-Isra, Verse 79)*

Abu Hurairah R.A. reported the Messenger SAW saying:

*"Allah descends every night to the lowest heaven when one-third of the first part of the night is over and says: I am the Lord; I am the Lord: who is there to supplicate Me so that I answer him? Who is there to beg of Me so that I grant him? Who is there to beg forgiveness from Me so that I forgive him? He continues like this till the day breaks." (Sahih Muslim 758b)*

The Prophet SAW said:

*"Hold fast to Qiyamullail, for it is the practice of the righteous before you, and indeed it is a means of nearness to Allah, a means of expiation for bad deeds, and a barrier from acts of disobedience." (Sunan At-Tirmidzi)*

# Solat Taubat

## *The Prayer of Repentance*

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### **When do we perform Solat Taubat?**

The prayer of Repentance is performed after a person realises his own mistakes and seeks Allah's Forgiveness

Amongst the conditions of Repentance are:

- Feeling regret for past sins
- Abandoning the act that led to the sin
- Striving to never commit that sin

The prayer of Repentance can be performed at any time except when prayer is forbidden



# Solat Taubat

## The Prayer of Repentance

### Intentions

أُصَلِّي سُنَّةَ التَّوْبَةِ رَكَعَتَيْنِ لِلَّهِ تَعَالَى

Usolli Sunnatan taubati  
Rak'ataini Lillahi Ta'ala

*I intend to pray the sunnah  
of Taubah for two rak'ahs for  
the sake of Allah SWT*

### How to perform Solat Taubah?

*Note: You can recite any Surahs you'd  
like after each Al-Fatihah as there are no  
specified Surahs by the Prophet SAW*

**First Rakaat:**  
Surah Al-Fatihah  
followed by Surah Al-  
Kafirun

**Second Rakaat:**  
Surah Al-Fatihah  
followed by Surah Al-  
Ikhlas

Last Sujud:

In the final sujud of your second  
rakaat, recite the following  
recitation once

لا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

La ilaha illa Anta Subhanaka inni  
kuntu minaz-zalimin

*There is no Deity except You; Exalted  
are You. Indeed, I have been among  
the wrongdoers.*

After Salam:

Ask forgiveness from Allah while  
reciting the following istighfar

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ  
الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

Astaghfirullah Hal Ad'zim Allazi Laa  
ilaaha illa Huwalhayyu Qayyum Wa  
Atubu 'ilaih

*I seek forgiveness from Allah. There is  
no true God except Allah, the Ever-  
Living, the Self-Subsisting, and I turn  
to Him in repentance.*

Performed in two rak'ahs in the same way and order as the other Sunnah prayers

# Solat Tahajjud

*The Prayer of Tahajjud*

## Intentions

أُصَلِّي سُنَّةَ التَّهَجُّدِ رَكَعَتَيْنِ لِلَّهِ تَعَالَى

Usolli Sunnatan Tahajjud  
Rak'ataini Lillahi Ta'ala

*I intend to pray the sunnah  
of Tahajjud for two rak'ahs for  
the sake of Allah SWT*

## How to perform Solat Tahajjud?

*Note: You can recite any Surahs you'd  
like after each Al-Fatihah as there are no  
specified Surahs by the Prophet SAW*

**First Rakaat:**  
Surah Al-Fatihah  
followed by Surah Al-  
Kafirun

**Second Rakaat:**  
Surah Al-Fatihah  
followed by Surah Al-  
Ikhlas

Supplications we can make:

*O Allah! All the praises are for You. You are the Sustainer of the Heavens and the Earth, and Whatever is in them. All the praises are for You; You have the possession of the Heavens and the Earth and whatever is in them. All the praises are for You; You are the Light of the Heavens and the Earth and all the praises are for You. You are the Truth and Your Promise is the Truth. And to meet You is true, Your Word is the Truth, and the Paradise is True, and Hellfire is True, and all the Prophets are True, and Muhammad SAW is True and the Day of Resurrection is True. Oh Allah! To You I submit, in You I believe and to You do I rely upon. And to You I repent, and by You I face my adversaries, and to You I will be judged. So forgive me my previous and later sins; and that which I concealed and revealed; You are the One who brings forth and suspends. There is none to be worshipped but You.*

*(Sahih Al-Bukhari)*

Performed in two rak'ahs in the same way and order as the other Sunnah prayers

*Imam Al-Shafi'i: "The du'a made at Tahajjud is like  
an arrow which does not miss its target."*

# Solat Hajat

*The Prayer to make specific requests*

## When do we perform Solat Hajat?

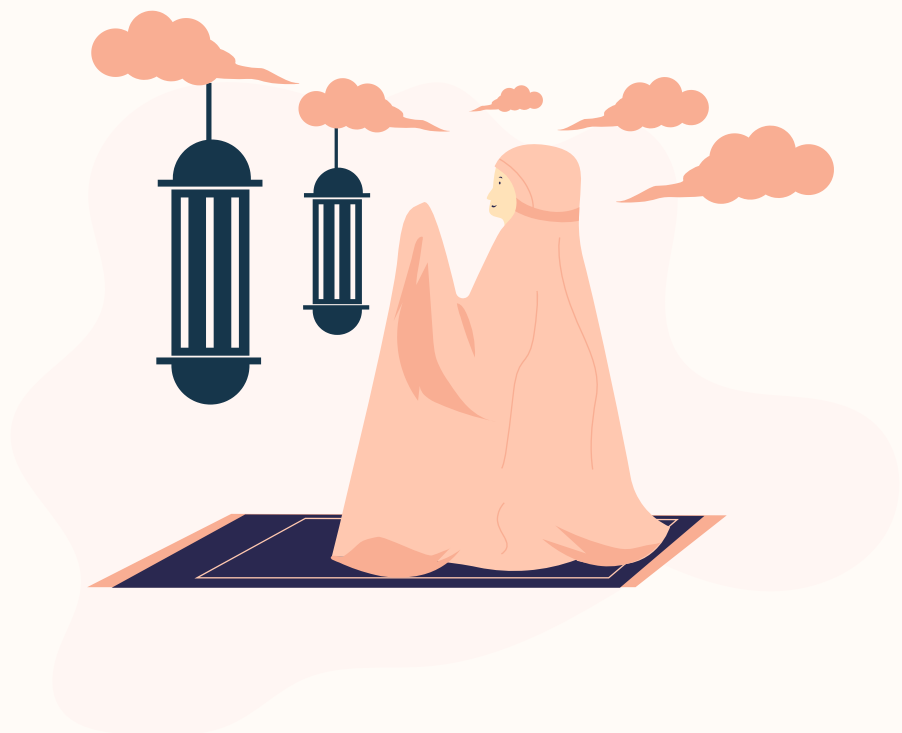
Hajat - Arabic word that means need, desire or necessity

When we have a need or want our prayers to be answered, we can perform the Solat Hajat prayer

The Prophet SAW taught us in a hadith:

*"Whoever has a hajat (need) from Allah or from any of His creation, let him perform wudhu (ablution) and pray two rakaat (of prayer)*

(Sunan Ibn Majah)





# Solat Hajat

*The Prayer to make specific requests*

## Intentions

أُصَلِّي سُنَّةَ الْحَاجَةِ رَكَعَتَيْنِ لِلَّهِ تَعَالَى

Usolli Sunnatan Hajati  
Rak'ataini Lillahi Ta'ala

*I intend to pray the sunnah  
of Hajat for two rak'ahs for the  
sake of Allah SWT*

## How to perform Solat Hajat?

*Note: You can recite any Surahs you'd  
like after each Al-Fatihah as there are no  
specified Surahs by the Prophet SAW*

### First Rakaat:

Surah Al-Fatihah  
followed by either

- Surah Al-Kafirun  
(x1) or (x10)

### Second Rakaat:

Surah Al-Fatihah  
followed by Surah Al-  
Ikhlas (x1) or (x10)

### Last Sujud (Prostration):

The Prophet SAW encouraged us  
to make lots of prayers during  
Sujud:

*"The closest that a person can be  
to his Lord, is when he is  
prostrating, so increase in  
supplication then."*

Hence, we may make our du'a of  
hajjat while performing the sujud.  
However, we must remember not  
to utter our hajjat other than the  
du'a of sujud itself. Saying other  
words that are external to the  
prayer can invalidate it so we are  
encouraged to say our hajjats in  
our hearts without actually  
verbalising it.

## Etiquette of making Hajats

- Begin by praising Allah
- Sending selawats to  
Rasulullah SAW
- We must not pray for  
something that is forbidden  
religiously

Performed in two rak'ahs in the same way and order as the other Sunnah prayers

# Solat Hajat

*The Prayer to make specific requests*

There is no specific du'a to make after Solat Hajat but here are some recommended invocations:

لا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

La ilaha illa Anta Subhanaka inni kuntu minaz-zalimin

*There is no Deity except You; Exalted are You. Indeed, I have been among the wrongdoers.*

The Prophet SAW taught us to recite:

*None has the right to be worshipped but Allah, the Forbearing, the Most Generous. Glory is to Allah, the Lord of the Mighty Throne. Praise is to Allah, the Lord of the Worlds. Oh Allah, I ask You for the means of Your Mercy and Forgiveness, the benefit of every good deed and safety from all sins. I ask You not to leave any sin of mine but You forgive it, or any distress but You relieve it, or any need that is pleasing to You but You grant it.*

Then he should ask Allah for whatever he wants in this world and in the Hereafter, for it is decreed.

(Sunan Ibn Majah)



Performed in two rak'ahs in the same way and order as the other Sunnah prayers

# Solat Istikharah

*The prayer to seek guidance and the best of affairs*

## What is Solat Istikharah?

Istikharah is a prayer which is used as a means to seek guidance from Allah for the best of our affairs

The Prophet SAW taught us in a hadith:

*"Amongst the happiness of the son of Adam is the abundance in performing Istikharah (seeking the best) from Allah the exalted and contentment upon what is ordained by Allah for him. And amongst the misery of the son of Adam is his disregard for Istikharah to Allah the exalted and his resentment for what is ordained by Allah for him."*

(Sunan At-Tirmidzi)

وَعَسَىٰ أَن تَكْرَهُوا شَيْئًا وَهُوَ  
خَيْرٌ لَّكُمْ وَعَسَىٰ أَن تُحِبُّوا  
شَيْئًا وَهُوَ شَرٌّ لَّكُمْ وَاللَّهُ يَعْلَمُ  
وَأَنْتُمْ لَا تَعْلَمُونَ

*"But perhaps you hate a thing and it is good for you, and perhaps you love a thing and it is bad for you. And Allah Knows, while you know not."  
(Surah Al-Baqarah, Verse 216)*



# Solat Istikharah

*The prayer to seek guidance and the best of affairs*

## Intentions

أُصَلِّي سُنَّةَ الْإِسْتِخَارَةِ رَكَعَتَيْنِ لِلَّهِ تَعَالَى

Usolli Sunnatan Istikharati  
Lillahi Ta'ala

*I intend to pray the sunnah  
of Istikharah for two rak'ahs  
for the sake of Allah SWT*

## How to perform Solat Istikharah?

**First Rakaat:**

Du'a Iftitah followed by  
Surah Al-Fatihah  
followed by Surah Al-  
Kafirun

**Second Rakaat:**

Surah Al-Fatihah  
followed by Surah Al-  
Ikhlas

## The Du'a of Istikharah

Oh Allah! I ask guidance from Your knowledge and power from Your might. And I ask for Your Great Blessings. You are capable and I am not. You know and I do not, and You are All-Knowing of the unseen (hidden). Oh Allah! If you know that this matter is good for me in my religion, my livelihood and my affairs in the Hereafter, if it is better for my present and later, then ordain it for me and make it easy for me, and then bless it for me. And if You know that this matter is harmful for me in my religion, my livelihood and my affairs in the Hereafter, of it is bad for my present and later, then ward it off for me and keep me away from it. Then ordain for me whatever is good for me wherever it may be found, and help me be content with it.

Performed in two rak'ahs in the same way and order as the other Sunnah prayers

# Solat Istikharah

*The prayer to seek guidance and the best of affairs*

## The Du'a of Istikharah (Arabic)

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ وَأَسْتَقْدِرُكَ  
بِقُدْرَتِكَ

وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ

فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ وَتَعْلَمُ وَلَا أَعْلَمُ وَأَنْتَ  
عَلَّامُ الْغُيُوبِ

اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ خَيْرٌ لِي فِي  
دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي

فِي عَاجِلِ أَمْرِي وَآجِلِهِ

فَأَقْدِرْهُ لِي وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ

وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ شَرٌّ لِي فِي دِينِي  
وَمَعَاشِي وَعَاقِبَةِ أَمْرِي

فِي عَاجِلِ أَمْرِي وَآجِلِهِ

فَاصْرِفْهُ عَنِّي وَاصْرِفْهُ عَنَّهُ

وَأَقْدِرْ لِي الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي بِهِ

## The Du'a of Istikharah (Transliteration)

Allahumma inni astakhiruka bi-  
'ilmika, wa astaqdiruka bi-qudratik

Wa as-aluka min fadlikal-'azim

Fa-innaka taqdiru wala aqdiru, wa  
ta'lamu wala a'lamu, wa anta  
'allamul-ghuyub

Allahumma in kunta ta'lamu anna  
haz-al-amra khariun li fi dini wa  
ma'ashi wa'aqibati amri

Fi ajili 'amri wa-ajilih

Faqdurhu-li wa yassirhu-li thumma  
barik-li-fihi

Wa in kunta ta'lamu anna ha-zal-  
amra sharrun li fi dini wa ma'ashi  
wa'aqibati amri

Fi 'ajili amri wa-ajilih

Fas-rifhu 'anni wasrif-ni anhu

Waqdur li al-khaira haithu kana,  
thumma ardini bihi

Performed in two rak'ahs in the same way and order as the other Sunnah prayers

# Solat Tasbih

*The Prayer of Remembrance*

## Intentions

أُصَلِّي سُنَّةَ التَّسْبِيحِ أَرْبَعَ رَكَعَاتٍ لِلَّهِ تَعَالَى

Usolli Sunnatan Tasbih  
Arba'a Rak'atin Lillahi  
Ta'ala

*I intend to pray the sunnah  
of Tasbih for four rak'ahs for  
the sake of Allah SWT*

## How to perform Solat Tasbih?

*Note: It is to be done in 4 rakaats with 2  
salams*

You have to recite the  
following tasbih at certain  
parts of the prayer

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا  
اللَّهُ وَاللَّهُ أَكْبَرُ

SubhanAllah walhamdulillah  
wala ilaha illa Allah Wallahu  
Akhbar

*Glory to Allah, Praise be to  
Allah, There is no God but  
Allah, Allah is the Greatest*

You have to recite a tasbih at  
certain parts of the prayer

- 1) After the recitation of  
Surah: x15
- 2) After reciting the tasbih  
during rukuk: x10
- 3) After reciting i'tidal: x10
- 4) During sujud, after reciting  
the tasbih during the first  
sujud: x10
- 5) After reciting the du'a  
between sujuds: x10
- 6) During sujud, after reciting  
the tasbih during the second  
sujud; x10
- 7) After getting up from the  
second sujud, while sitting  
down before standing for the  
next rakaat: x10

First Rakaat: Ad-Dhuha  
Second Rakaat: Al-Insyirah  
Third Rakaat: Al-Kautsar  
Fourth Rakaat: An-Nasr



# Other acts of Worship

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## The Benefits of Zikir

Allah SWT mentions in the Quran;

*"Oh believers! Always remember Allah often, and glorify Him morning and evening. He is the One who showers His Blessings upon you - and His Angels pray for you - so that He may bring you out of darkness and into light. For He is ever Merciful to the believers."*

Surah Al-Ahzab, Verse 41-43

As Muslims, we are encouraged to always remember Allah especially in the morning and evening. Our Beloved Prophet Muhammad SAW said: *"That I sit with people remembering Almighty Allah from the morning (Fajr) prayer until sunrise is more beloved to me than freeing four slaves from among the Children of Ismail. That I sit with people remembering Allah from the evening ('Asr) prayer until the sun sets is more beloved to me than freeing four slaves from among the Children of Ismail."* (Sunan Abi Dawud)

Ibn Al-Qayyim Rahimahullah:

*"The morning and evening adhkar play the role of a shield; the thicker it is, the more its owner is protected. Rather, its strength can reach to such an extent that the arrow shot at it will bounce back to affect the one who shot it."*

# Other acts of Worship

## Zikir (Remembrance)

*These zikirs serve as protection, receiving assistance from Allah, gaining for goodness of both worlds, receiving Allah's blessing and gaining the intercession from our Beloved Prophet Muhammad SAW on the Day of Judgement*

.....

*Abdullah ibn Khubayb reported: The Messenger of Allah, peace and blessings be upon him said, "Speak." I said, "What should I say?" The Prophet SAW said, "Say: He is Allah, the One (112:1) and the two chapters of refuge, Al-Falaq and An-Nas, ever evening and morning three times. They will be enough for you against everything." (At-Tirmidhi)*

### Recite 3 times

In the name of Allah, The Most Gracious and Merciful.  
Say, "He is Allah, [who is] One, Allah, the Eternal Refuge.  
He neither begets nor is born,  
Nor is there to Him any equivalent.

Bismillah Hir  
Rahman Nir Raheem  
Qul huwal lahu ahad  
Allah hus-samad  
Lam yalid walam  
yulad Walam yakul-  
lahoo kufuwan ahad

بِسْمِ اللَّهِ الرَّحْمَنِ  
الرَّحِيمِ  
قُلْ هُوَ اللَّهُ أَحَدٌ  
اللَّهُ الصَّمَدُ  
لَمْ يَلِدْ وَلَمْ يُولَدْ  
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ



# Other acts of Worship

## Recite 3 times

In the name of Allah, the Entirely Merciful, the Especially Merciful. Say, "I seek refuge in the Lord of mankind, The Sovereign of mankind. The God of mankind, From the evil of the retreating whisperer – Who whispers [evil] into the breasts of mankind – From among the jinn and mankind.

Bismillah hir rahman nir raheem  
Qul a'oozu bi-rabbin naas  
Malikin-naas  
Ilaahin-naas  
Min sharril waswaasil khan-naas  
Allazee yuwaswisu fee sudoorin-naas  
Minal jinnati wan-naas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
قُلْ أَعُوذُ بِرَبِّ النَّاسِ  
مَلِكِ النَّاسِ  
إِلَهِ النَّاسِ  
مِن شَرِّ الْوَسْوَاسِ الْخَنَّاسِ  
الَّذِي يُوسْوِسُ فِي صُدُورِ  
النَّاسِ  
مِنَ الْجِنَّةِ وَالنَّاسِ

## Recite 3 times

In the name of Allah, the Entirely Merciful, the Especially Merciful. Say, :I seek refuge with the Lord of the daybreak From the evil of what He has created; And from the evil of the darkening (night) as it comes with its darkness; (or the moon as it sets or goes away) . And from the evil of the witchcrafts when they blow in the knots, And from the evil of the envier when he envies.

Bismillah hir rahman nir raheem  
Qul a'oozu bi rabbil-falaq  
Min sharri maa khalaq  
Wa min sharri ghaasiqin iza waqab  
Wa min sharrin-naffaa-saati fil 'uqad  
Wa min sharri haasidin iza hasad

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ  
مِنْ شَرِّ مَا خَلَقَ  
وَ مِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ  
وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ  
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

# Other acts of Worship

Uthman Ibn Affan R.A. reported: The Messenger SAW said: "He who recites three times every morning and evening: Bismillahil-ladhi la yadurru ma'as-mihi shai'un fil-ardi wa la fis-sama'i, wa Huwas-Sami'ul-'Alim, nothing will harm him."  
(Sunan Abu Dawud and Sunan At-Tirmidhi)

## Recite 3 times

In the name of Allah with whose Name there is protection against every kind of harm in the earth or in the heaven, and He is the All-Hearing and All-Knowing

Bismillahil-ladhi la yadurru ma'as-mihi shai'un fil-ardi wa la fis-sama'i, wa Huwas-Sami'ul-'Alim

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ  
مَعَ اسْمِهِ شَيْءٌ فِي  
الْأَرْضِ وَلَا فِي السَّمَاءِ  
وَهُوَ السَّمِيعُ الْعَلِيمُ

Narrated by many sources that the Prophet PBUH said "Whoever recites thrice in the morning and evening "I am pleased with Allah as my Lord, Islam as my religion and Muhammad PBUH as my Prophet" except that rightfully Allah will be (Sunan Abu Dawud and Sunan At-Tirmidhi)

## Recite 3 times

I am pleased with Allah as my Lord, Islam as my religion and Muhammad (Peace Be Upon Him) as my Prophet

Radhi-tu Billahi Rabba, Wa-bil Islami Dina, Wa Bi Muhammadin Sal-allahu Alaihi Wa Salaam Nabiyya

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
قُلْ هُوَ اللَّهُ أَحَدٌ  
اللَّهُ الصَّمَدُ  
لَمْ يَلِدْ وَلَمْ يُولَدْ  
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

# Other acts of Worship

Abu Darda' reported that the Messenger SAW said: "He who recites every morning and evening: Allah is sufficient for me, there is no Deity except Him. I place my trust in Him and He is the Rabb of the great throne - seven times, Allah will suffice what worries him in the matters of this world and the Hereafter (Ibn Sunni)

## Recite 7 times

Allah is Sufficient for me. There is no Deity except Him. I place my trust in Him and He is the Rabb of the Great Throne.

HasbiAllahu La Ilaha Illah Huwa alayhi tawakkaltu wa huwa Rabbul Arshil Adzim

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

Abi Darda' reported that the Messenger of Allah SAW said: "Whoever sends salutations upon me ten times when he reaches the morning and ten times when he reaches the evening, I will help him with my intercessions on the Day of Judgement. (Tabarani)

## Recite 10 times

Oh Allah, send your peace and blessings upon our Master Muhammad and upon his family and companions

Allahumma Salli Ala Sayyidina Muhammad wa ala alihi wa sahbihi wasallim

اللهم صل على سيدنا محمد وعلى آله وصحبه وسلم

# Other acts of Worship

Narrated by Ibn 'Umar that the Messenger of Allah SAW never abandoned this supplication every morning and evening: (Sunan Abu Dawud)

Oh Allah, I ask You for wellbeing in this world and in the Hereafter: Oh Allah! I ask You for forgiveness and wellbeing in my religion and my worldly affairs, in my family and my property; Oh Allah! I conceal my fault or faults, and keep me safe from the things which I fear; Oh Allah! Guard me in front of me and behind me, on my right hand and on my left, and from above me: and I seek in Your Greatness from receiving unexpected harm from below me.

Allahumma inni as'alukal afwa wal afiyah fid dunya wal akhirah, Allahumma inni as'alukal afwa wal afiyah fi dinee wa dunyaya, wa ahlee, wa malee, Allahummastur awratee, wa amin raw atee, Allahummah faznee min bayni yadayya, wa min khalfee, wa an yaminee, wa an shimalee, wa min fawqee, wa a`udhu bi azamatika an ughtala min tahtee.

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رَوْعَاتِي. اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ، وَمِنْ خَلْفِي، وَعَنْ يَمِينِي وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي

# Other acts of Worship

It was narrated that Juwairiyah said: The Prophet SAW came out from my apartment in the morning as I was busy in performing the dawn prayer. He came back in the forenoon and found me sitting there. The Prophet SAW said, "Are you still in the same position as I left you." I replied in the affirmative. Thereupon the Prophet said, "I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are: Subhan-Allahi wa bihamdihi, `adada khalqihi, wa rida nafsihi, wa zinatah `arshihi, wa midada kalimatihi  
(Sahih Muslim)

## Recite 3 times

Glory is to Allah, as much as the number of His creation, glory is to Allah as much as pleases Him, glory is to Allah as much as the weight of His Throne, glory is to Allah as much as the ink of His words

Subhan-Allahi  
adada khalqih  
Subhan-Allahi rida  
nafsih  
Subhan-Allahi  
zinata arsihi,  
Subhan-Allah  
midada kalimatihi

سُبْحَانَ اللَّهِ عَدَدَ خَلْقِهِ  
سُبْحَانَ اللَّهِ رِضًا نَفْسِهِ  
سُبْحَانَ اللَّهِ زِينَةَ عَرْشِهِ  
سُبْحَانَ اللَّهِ مِدَادَ  
كَلِمَاتِهِ

# Other acts of Worship

## After Maghrib' - Ratib Al-Haddad (pg 327)

Ratib Al-Haddad comprises of verses from the Quran and supplications of the Prophet SAW.

The optimal way to read it is once in the morning and once in the evening, although it may be recited just once in the evening. It is related that Allah fulfills the needs of those who recite Ratib Al-Haddad according to the intentions that have been made for its recitation.



# Other acts of Worship

## After Isya' - Surah Al-Mulk (pg 375)

Jabir reported: The Prophet, peace and blessings be upon him, would not go to sleep until he had recited the chapters, "The revelation of the Book, in which there is no doubt, from the Lord of the worlds," (32:1) and, "Blessed is He in whose hand is the dominion, and has power over all things," (67:1)

Tawus said, "They both have seventy more virtues than every other chapter of the Quran."

(Sunan At-Tirmidhi 2892)



# Other acts of Worship

## After Fajr' - Wirid Al-Latif (pg 151)

Wirid Al-Latif is a compilation by Imam Al-Haddad. It consists of prayers made by our Prophet Muhammad SAW which he had instructed us to read in the mornings and the evenings. It may be used for protection, for increasing provisions and in the hopes that we are rewarded for reciting every single letter.







# Other acts of Worship

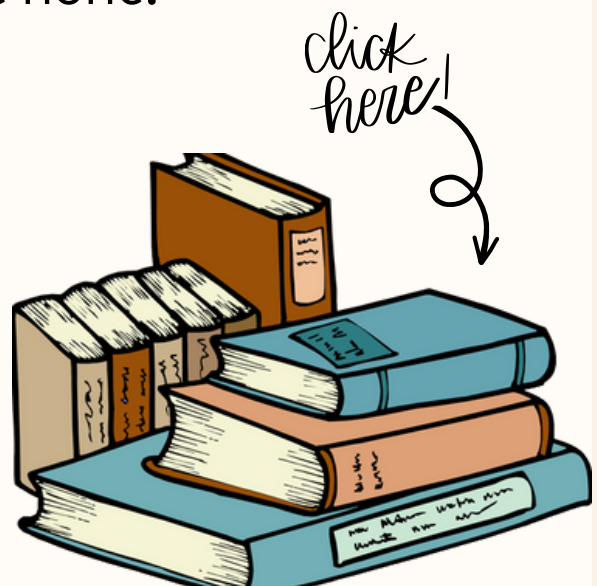
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## After Fajr' - Surah Yasin (pg 175)

There are great rewards to reading the Quran in general and as such, we should strive to include a recitation of the Quran in our daily schedules.

The verses of the Quran are known to also be used for healing and as such, with the recitation of this Surah, we can intent for Allah SWT to fulfill our needs, heal our hearts, ease our affairs and create openings for matters where there seem to be none.





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